

MEGA swim 26: Session: 2: COACH evaluation sheet for TEAM: STW

Coachinfo: Warming up from: 13:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vandermeulen Eric

Coaches: Goossens Nicole HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 100M BUTTERFLY WOMEN 11-16			Heat:4, starttime: 15:30
Heat: 4/13 Lane : 5 Athlete: WULLAERT LIESE			Q-time: 01:32:37
PB (50m pool): no time			PB (25m pool): 01:32.37 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 11-16			Heat:4, starttime: 15:30
Heat: 4/13 Lane : 8 Athlete: VAN DE VYVERE LENA			Q-time: 01:35:08
PB (50m pool): 01:35.08 Olympic Pool Wezenberg, Antwer 30/07/2025			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	00:42.68	01:35.08	
	00:42.68	00:52.40	
			

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 11-16			Heat:6, starttime: 15:35
Heat: 6/13 Lane : 5 Athlete: VERHULST NOOR			Q-time: 01:25:17
PB (50m pool): 01:27.37 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:25.17 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.09	01:27.37	
	00:40.09	00:47.28	
			

Coach feedback:

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Event number: 11: 100M BUTTERFLY WOMEN 11-16			Heat:10, starttime: 15:40
Heat: 10/13 Lane : 2 Athlete: VAN DAELE JOSEFIEN			Q-time: 01:17:34
PB (50m pool): no time			PB (25m pool): 01:17.34 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 11-16			Heat:11, starttime: 15:45
Heat: 11/13 Lane : 8 Athlete: DE SMET AMÉLIE			Q-time: 01:15:75
PB (50m pool): 01:15.97 Antwerpen 20/07/2025			PB (25m pool): 01:15.75 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.75	01:15.97	
	00:34.75	00:41.22	
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:14, starttime: 16:20
Heat: 14/17 Lane : 8 Athlete: VANHAVERE DAAN			Q-time: 01:26:41
PB (50m pool): 01:43.66 Antwerp 02/02/2025			PB (25m pool): 01:26.41 SB: no time
	5 0 M	1 0 0 M	
PB	00:49.07	01:43.66	
	00:49.07	00:54.59	
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:15, starttime: 16:20
Heat: 15/17 Lane : 7 Athlete: VERHAGEN TOON			Q-time: 01:21:76
PB (50m pool): 01:28.81 Aalst 11/05/2025			PB (25m pool): 01:21.76 SB: no time
	5 0 M	1 0 0 M	
PB	00:41.90	01:28.81	
	00:41.90	00:46.91	
			

Coach feedback:

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Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:16, starttime: 16:25
Heat: 16/17 Lane : 6 Athlete: BOURDIAUDHY THIBAU			Q-time: 01:18:53
PB (50m pool): 01:26.45 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:18.53 SB: no time			
	5 0 M	1 0 0 M	
PB	00:40.85	01:26.45	
	00:40.85	00:45.60	
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:17, starttime: 16:25
Heat: 17/17 Lane : 7 Athlete: VAN GOETHEM ARTHUR			Q-time: 01:15:40
PB (50m pool): 01:21.63 Antwerpen 20/07/2025 PB (25m pool): 01:15.40 SB: no time			
	5 0 M	1 0 0 M	
PB	00:38.60	01:21.63	
	00:38.60	00:43.03	
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:9, starttime: 16:40
Heat: 9/20 Lane : 1 Athlete: VAN DE VYVERE LENA			Q-time: 01:15:33
PB (50m pool): 01:18.59 Antwerpen 20/07/2025 PB (25m pool): 01:15.33 SB: 01:20.95 LOCHRISTI 25/01/2026			
	5 0 M	1 0 0 M	
PB	00:37.88	01:18.59	
	00:37.88	00:40.71	
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:16, starttime: 16:55
Heat: 16/20 Lane : 7 Athlete: PUNZO MICHELLE			Q-time: 01:06:89
PB (50m pool): 01:10.51 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:06.89 SB: no time			
	5 0 M	1 0 0 M	
PB	00:33.37	01:10.51	
	00:33.37	00:37.14	
			

Coach feedback:

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Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:16, starttime: 16:55
Heat: 16/20 Lane : 8 Athlete: HEBB MINNE			Q-time: 01:07:00
PB (50m pool): 01:11.17 WACHTEBEKE 19/01/2025			PB (25m pool): 01:07.00 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:11.17	
	no time		
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:17, starttime: 16:55
Heat: 17/20 Lane : 0 Athlete: DE SMET AMÉLIE			Q-time: 01:05:67
PB (50m pool): 01:08.38 Antwerpen 20/07/2025			PB (25m pool): 01:05.67 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.16	01:08.38	
	00:33.16	00:35.22	
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:17, starttime: 16:55
Heat: 17/20 Lane : 6 Athlete: VAN DAELE JOSEFIEN			Q-time: 01:05:23
PB (50m pool): 01:07.33 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:05.23 SB: no time
	5 0 M	1 0 0 M	
PB	00:32.22	01:07.33	
	00:32.22	00:35.11	
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:18, starttime: 16:55
Heat: 18/20 Lane : 3 Athlete: DE BRABANDER CELESTE			Q-time: 01:04:31
PB (50m pool): 01:07.14 Antwerp 02/02/2025			PB (25m pool): 01:04.31 SB: no time
	5 0 M	1 0 0 M	
PB	00:31.67	01:07.14	
	00:31.67	00:35.47	
			

Coach feedback:

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Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:19, starttime: 16:55
Heat: 19/20 Lane : 4 Athlete: WULLAERT FIEN			Q-time: 01:01:81
PB (50m pool): 01:03.17 Antwerpen 20/07/2025			PB (25m pool): 01:01.81 SB: no time
	5 0 M	1 0 0 M	
PB	00:31.22	01:03.17	
	00:31.22	00:31.95	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:14, starttime: 17:30
Heat: 14/18 Lane : 5 Athlete: VANHAVERE DAAN			Q-time: 01:15:13
PB (50m pool): 01:19.86 LOCHRISTI 25/01/2026			PB (25m pool): 01:15.13 SB: 01:19.86 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:19.86	
	no time		
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:16, starttime: 17:35
Heat: 16/18 Lane : 3 Athlete: BOURDIAUDHY THIBAU			Q-time: 01:11:07
PB (50m pool): 01:14.73 Antwerpen 20/07/2025			PB (25m pool): 00:43.47 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:14.73	
	no time		
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:16, starttime: 17:35
Heat: 16/18 Lane : 6 Athlete: VERHAGEN TOON			Q-time: 01:11:08
PB (50m pool): 01:21.08 Antwerp 02/02/2025			PB (25m pool): 01:11.08 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.31	01:21.08	
	00:40.31	00:40.77	
			

Coach feedback:

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Event number: 15: 200M MEDLEY WOMEN 11-14					Heat:8, starttime: 18:10
Heat: 8/12 Lane : 1 Athlete: WULLAERT LIESE					Q-time: 03:09:17
PB (50m pool): 03:15.09 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:09.17 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.22	01:34.60	02:32.43	03:15.09	
	00:43.22	00:51.38	00:57.83	00:42.66	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11-14					Heat:11, starttime: 18:20
Heat: 11/12 Lane : 5 Athlete: VERHULST NOOR					Q-time: 02:47:91
PB (50m pool): 03:08.81 Gent (Rozebroeken) 03/03/2024 PB (25m pool): 02:47.91 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:08.81	
	no time				
					

Coach feedback: